Kurdistan Regional Government Ministry of Health **Duhok Directorate General of Health Department of Planning** Division of Planning of Human Resources for Health

Key Answers of Knowledge Competency Test for Acceptance in Senior Residency Program in Dermatology, August 28, 2016

- 1) D
- 2) C 3) C
- 4) D
- 5) D
- 6) C
- 7) D
- 8) B
- 9) В
- 10) D
- 11) D 12) A
- 13) A 14) A
- 15) В
- 16) A
- 17) C
- 18) A
- 19) B
- 20) E
- 21) D 22) D
- 23) E
- 24) D
- 25) A

- 26) C
- 27) D
- 28) В
- 29) D
- 30) В
- 31) A
- 32) E
- 33) В
- В
- 34) C 35)
- 36) В
- 37) D
- 38) D
- 39) C
- 40) A
- 41) A
- 42) В
- 43) В
- 44) B
- 45) E
- 46) A
- 47) A
- 48) D
- 49) E
- 50) В



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اقى چار قوولى:

Knowledge Competency Test for Acceptance in Senior Residency Program in Dermatology

Date: August 28, 2016 Exam Time: 90 minutes

General Instructions:

- Select the most appropriate answer for each question.
- Write your full names on all pages.
- All questions need to be answered.
- A wrong answer does not cancel out a correct answer.
- Passing this test is a pre-requisite for entering the second stage of competition of acceptance in senior residency program.

1) All the following are true about psoriasis EXCEPT:

- a) Characterized by well-defined salmon pink plaques with silvery scales.
- b) Its course is usually chronic with remission and exacerbations.
- c) It can affect nails and joints.
- d) It causes scarring alopecia if scalp is affected.

2) In atopic dermatitis:

- a) 90% of cases present before the age of 3 months.
- b) In children it mainly affects the extensor surfaces.
- c) Itching is the cardinal feature of atopic dermatitis.
- d) Two-thirds of patients get remission at the age of 5 year.

3) Presentation of pemphigus vulgaris:

- a) Characterized by tense deep bullae.
- b) Mouth lesions rarely present.
- c) Nickolsky sign is positive.
- d) The course of disease is 1-2 years even without treatment.

4) In treatment of acne all of the following are true EXCEPT:

- a) We can use retinoids as topical treatment.
- b) Tetracycline should not be used under the age of 12 years.
- c) Combination of topical antibiotics and topical retinoids can be used.
- d) Systemic isotretionin is category C in pregnancy.



5) Impetigo can be presented in all of the following EXCEPT:

- a) Thin wall blister that rupture with exudates and crusts.
- b) Lesions are often multiple.
- c) Streptococcal impetigo can trigger glumerulonephritis.
- d) It's unlikely to spread in family or classmates.

6) All of the following is true about herpes simplex EXCEPT:

- a) Herpes virus type II usually cause genital lesions.
- b) Type I virus usually cause extra genital lesions.
- c) Recurrent infection attacks rarely occur.
- d) Acyclovir topical cream can be used in first 4 days.

7) Common warts can be treated by:

- a) Salicylic acid 12-20 %
- b) Cryotherapy
- c) Electro surgery
- d) All of the above

8) All of the following bout chicken pox is false EXCEPT:

- a) The only way virus spread is by direct contact with affected skin.
- b) Herpes zoster is the reactivation of dormant virus in nerve roots.
- c) All patients should take antiviral treatment.
- d) Second attack is common.

9) Systemic antifungal must be given in:

- a) Tinea versicolour
- b) Nail and scalp infection
- c) Tinea pedis
- d) Tinea cruris

10) In oral candidiasis all of the following are true EXCEPT:

- a) One or more adherent white plaques appear on the mucous membrane.
- b) If weaped off they leave an errythematous base.
- c) Angular stomatitis in denture wearer may be candidal.
- d) Terbinafen is the treatment of choice.

11) All of the following about head lice is true EXCEPT:

- a) Spread is achieved by head to head contact.
- b) Itching is the main symptom.
- c) Diagnosis is clinical.
- d) Re infestation is unusual.



12) Best topical treatment of scabies for pregnant ladies is:

- a) Permethrin
- b) Benzyle benzoate
- c) Sulfur preparations
- d) Ivermectin

13) Best treatment of acne in pregnant women:

- a) Azelaic acid
- b) Isotretinoin topical
- c) Tetracycline oral
- d) Isotretinoin oral

14) The wave length of UVA is range from – to:

- a) 315-400 nm
- b) 100-280 nm
- c) 280-315 nm
- d) 400-1200 nm

15) Which of the following is true regarding Merkel cells?

- a) No desmosomes
- b) Dendritic
- c) Basal location
- d) Contain melanosomes

16) Which of the following Fitzpatrick skin types always burns and never tans?

- a) Type 1
- b) Type 2
- c) Type 5
- d) Type 6
- e) Type 3

17) All of the following are true regarding the Dermis layer of the skin EXCEPT:

- a) It contains the skin appendages.
- b) It is composed mainly of collagen, elastin and hyaluronic acid.
- c) The main cells are Langerhans, melanocytes and merkel cells.
- d) Makes up to 15% of the human body weight.
- e) It's thicker than the epidermis layer.



18) All of the following are secondary lesions EXCEPT:

- a) Wheals
- b) Lichenification
- c) Excoriation
- d) Scar
- e) Crust

19) A 30 year old female with a 10 year history of vitiligo involving more than 90% of her body surface, what is the best treatment option for this lady?

- a) Systemic Corticosteroid
- b) Mono benzyl ether of hydroquinone (20%) cream
- c) Azathioprine
- d) Methotrexate
- e) Narrow band ultra violet photo therapy

20) What subtype of vitiligo has the best prognosis?

- a) Acro-facial
- b) Universtal
- c) Vulgaris
- d) Segmental
- e) Focal

21) Which of the following types of Melanocytic Melanoma carries the worst prognosis?

- a) Amelanotic Melanoma
- b) Acral lentiginous
- c) Superficial spreading
- d) Nodular
- e) Lentigo Maligna

22) All of the following are part of the American ABC's of Melanoma system EXCEPT:

- a) Asymmetry
- b) Boarder
- c) Colour
- d) Depth
- e) Evolution

23) All of the following are part of the pilo-sebacous unit EXCEPT:

- a) Arrector pili muscle
- b) Hair matrix
- c) Sebaceous gland
- d) Hair bulb
- e) Eccrine gland



24) Which of the following is a scarring alopecia?

- a) Androgenetic alopecia
- b) Trichotillomania
- c) Telogen effluvium
- d) Lichen planopilaris
- e) Alopcia areata

25) Which of the following does not suggest a bad prognosis for alopecia areata?

- a) Onset after puberty
- b) Association with down syndrome
- c) Ophiasiform alopecia
- d) Wide spread lesions
- e) Association with atopic dermatitis

26) Which of the following is true regarding androgenetic alopecia?

- a) It's a scarring alopecia.
- b) In males It has a late onset and progress slowly.
- c) Terminal hair is mainly replaced by vellus hair.
- d) It's an auto immune disease.
- e) Females has an earlier onset of the disease and it mainly involve the temples.

27) Which of the following is false regarding atopic dermatitis?

- a) Calcinurine inhibitor cream are one of the essential treatment options for atopic dermatitis.
- b) Onset is usually below 2 years of age.
- c) Presence of history of general dry skin.
- d) Childhood stage most commonly involves the cheeks.
- e) It usually resolves by the mid teen years.

28) All of the following are predisposing factor for seborrheic dermatitis EXCEPT:

- a) Parkinson Disease
- b) Xerosis
- c) HIV
- d) Malassezia furfur
- e) Arsenic, Gold and Cimetidine



29) All of following are true regarding the pathogenesis of acne vulgaris EXCEPT:

- a) Dermal inflammation
- b) Colonization of duct with Propionibacterium bacterium ances
- c) Poral occlusion
- d) Increase in the level of androgenetic hormones in blood
- e) Increase sebum secretion rate

30) All of the followings are indications for surgical treatment of vitligo EXCEPT:

- a) Segmental vitiligo
- b) Age less than 12 years
- c) Stable lesion
- d) No Koebnerization
- e) Skin type 4-6

31) Which of the following is false regarding scalp hair?

- a) Telogen hair club root is pigmented
- b) The duration of catagen phase is 2-3 months
- c) Shedding of 100 hairs a day is considered normal
- d) Telogen phase represent 15% of the scalp hair
- e) Scalp hair shaft grows 0.35mm / day

32) All of the following may increase the incidence of SCC, EXCEPT:

- a) Sun exposure
- b) Immunosuppression
- c) Increasing age
- d) Proximity to the equator
- e) All of the following may increase the incidence of SCC

33) What cancer in women most commonly metastasizes to the skin?

- a) Breast cancer
- b) Medullary thyroid carcinoma
- c) Glioblastoma multiforme
- d) Colon adenocarcinoma
- e) Cervical cancer

34) Which part of the matrix gives rise to the dorsal nail plate?

- a) Distal matrix
- b) Proximal matrix
- c) Ventral matrix
- d) Dorsal matrix
- e) Lateral matrix



hospitalization for septicemia likely has which of the following conditions? 35) A patient with diffuse severe sudden hair loss developing 3 months after

- a) Anagen effluvium
- b) Catagen effluvium
- d) Loose anagen syndrome c) Telogen effluvium
- e) Uncombable hair syndrome

36) Which of the following medication is a cause of hirsutism without virilization?

- a) Dapsone
- b) Diazoxide
- c) Diazepam
- d) Dinitrochlorobenzene
- e) Dantrolene

37) The epithelium that lies on the volar surface of the digit is the:

- a) Nail bed
- b) Nail matrix
- c) Nail plate
- d) Hyponychium
- e) Eponychium

38) Acute paronychia is most commonly caused by which of the following organisms?

- a) Candida albicans
- b) Candida tropicalis
- c) Pseudomonas aeruginosa
- d) Staphylococcus aureus
- e) Trichophyton rubrum

39) Which of the following dermatophytes causes endothrix tinea capitis?

- a) Microsporum gypseum
- b) Microsporum audouinii
- c) Trichophyton tonsurans
- d) Microsporum canis
- e) Microsporum ferrugineum

40) Which of the following organisms causes favus?

- a) Trichophyton schoenleinii
- b) Trichophyton mentagrophytes
- c) Microsporum canis
- d) Trichophyton rubrum
- e) Microsporum distortum



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41) Measles is caused by which type of virus?

- a) Paramyxovirus
- b) Togavirus
- c) Picornavirus
- d) Rhabdovirus
- e) Parvovirus

42) What is the most common single nerve involved with herpes zoster?

- a) Facial nerve
- b) Trigeminal nerve
- c) Spinal nerve C7
- d) Spinal nerve T4
- e) Spinal nerve T10

43) What is the treatment of syphillis in a penacillin allergic patient?

- a) Penicillin
- b) Doxcycyline
- c) Rifampiin
- d) Clindamycin
- e) Ceftriaxone

44) Orf virus infection is also known as:

- a) Ecthyma
- b) Ecthyma contagiosum
- c) Echtyma gangrenosum
- d) Pseudocowpox
- e) Milker's nodule

45) A 2 year-old has a high fever for three days, as the fever breaks, a generalized rash appears on the trunk. The most likely diagnosis is:

- a) Measles
- b) Mumps
- c) Rubella
- d) Erythema infectiosum
- e) Roseola



- 46) What is the most likely diagnosis is this 16 year old patient who developed generalized eruption 2 weeks after onset of sore throat due to strep infection?
 - a) Psoriasis
 - b) Pityriasis rosea
 - c) Cutaneous T-cell lymphoma
 - d) Contact dermatitis
 - e) Lichen planus
- 47) The immunoglobulin most commonly found in mucous secretions is:
 - a) IgA
 - b) IgD
 - c) IgE
 - d) IgG
 - e) IgM
- 48) In the epidermis, the cell most responsible for antigen detection and processing is the:
 - i) Keratinocytes
 - ii) Merkel Cell
 - iii) Melanocyte
 - iv) Langerhans cell
 - v) CD4+ T cell
- 49) Possible treatments for this patient with vitiligo include all of the following EXCEPT:
 - a) Topical steroids
 - b) Narrowband UVB
 - c) Broadband UVB
 - d) Oral PUVA
 - e) Acitretin
- 50) Narrowband UVB bulbs emit predominantly at:
 - a) 290-320 nm
 - b) 311 nm
 - c) 352 nm
 - d) 305 nm
 - e) 360 nm

